

Optum Benefit for Alaska Medicaid Participants

Optum serves Alaska Medicaid Participants in need of behavioral health services.

Optum Alaska knows that individuals and families each have a unique path to wellness, health, and hope. Optum Alaska works to provide case management services that respect individual cultural traditions and needs.

Mental Health includes everything from depression to substance use disorders to behavioral health crises. In the journey of recovery, no one needs to walk alone or go without help.

If you, or someone you know, is a Medicaid participant, Optum Alaska can help you access culturally sensitive and respectful care including:

- Treatment plans that focus on your goals and strengths
- Individual and group therapy
- Family therapy
- Peer support services
- Residential services or inpatient services

Questions?



1-800.225.8764, toll-free statewide Monday-Friday 8:00 a.m.- 6:00 p.m., Alaska Time.
Free language assistance services are available.



<https://alaska.optum.com>



MedicaidHelpOptumAK@optum.com.



If you are deaf or hard of hearing, please call 711 for TTY services.

Spanish:

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1.800.225.8764.

Chinese:

您有權利免費以您的語言得到幫助和訊息。如需洽詢一位口譯員，請撥電話1-800-225-8764。

Hmong:

Muaj kev pab txhais lus pub dawb rau koj. Thov hu rau 1.800.225.8764 lossis saib hauv qab.

Korean:

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1.800.225.8764 번으로 전화해 주십시오.

Russian:

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1.800.225.8764.

Tagalog:

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1.800.225.8764.



Optum Alaska Your Behavioral Health Services Partner

We provide case management services available for all Alaska Medicaid participants.

It's Okay to Ask for Help

Our case management staff can help identify a provider for an assessment. An assessment can help you choose the best path of treatment for you and your family. Approval is not needed to seek Optum Alaska case management services.

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Alaska Time.

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Optum does not discriminate on the basis of race, color, national origin, sex, age, or disability in its health programs and activities.

Optum Understands Alaska

Every community has its own ways to support and assist the people who live there. Optum's telephonic case management service is available to Alaskans statewide. We are familiar with Alaska and can help connect you and your providers to culturally relevant services and resources.

Optum Recognizes the Importance of Tribal Culture

Optum Alaska understands that each region's cultural beliefs and practices are unique. We know that receiving services from people who understand the cultural traditions you value will be more helpful. Because of this, Optum Alaska works to ensure providers can access resources to understand Alaska Native cultures and needs. We support providers throughout the Tribal Health System in Alaska.



Optum Helps You Connect with your Alaska Medicaid Services

Optum Alaska provides assistance with:

- Finding an enrolled Alaska Medicaid provider
- Participant rights and responsibilities
- Participant Handbook requests
- Service benefit information
- And much more

For more information, visit us at <https://alaska.optum.com> or call 1.800.225.8764.

